Continuing Ed. Connection

November 2020

Remember Your Why!

Research shows almost all people and organizations know WHAT they do. Most can tell you HOW they do it. Yet, very few individuals or organizations can articulate WHY they do what they do.

Somehow, the "why" has been lost.

Does that matter? Yes! If we don't know our purpose, we won't have the positivity to fuel what we do and how we do it. We need to know our why because it is what drives our passion. It helps us navigate the daily challenges and frustrations we face without losing sight of what matters most.

If "why" is one of the first, most instinctive questions we learned, how is it possible we have such a hard time remembering our "why?"

If we focus on the "what," it usually makes us think about tasks and daily items on our plates. "What" is life's noun for all the things we have to do. These duties rarely drive our passion or bring us motivation.

The "how" is our actions. "How" is the way that you go about accomplishing your "what." People and organizations see the "how" as the way of getting things done. Again, the way we go about our work is not the heart of our work.

Neither one of these things motivates us or drives our passion.

Unfortunately, much of our world is "what" driven. Education, especially, has historically been very focused on "whats" and "hows." What test scores do we need? What educational tools do we use? How do we use technology to support our lessons? How do we teach virtually? All of these questions are important, but we have to start with the "why" first!

Determine the purpose before worrying about the what or the how.

- Carol Ann Tomlinson

When we align our purpose and feelings with what we do, everything becomes more meaningful. We are not 100% rational beings. Science emphasizes the importance of emotions connected to our actions. We cannot reach our full protentional or really make a difference if we aren't connecting what we do to our purpose.



The Power of WHY | ...

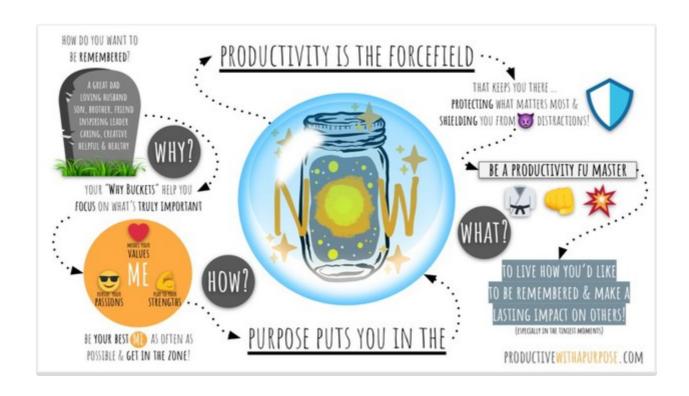
simonsinek.com

"Discovering the WHY injects passion into our work!" - Simon Sinek

To help reignite your why, ask yourself:

- · What defines you?
- Why do you do what you do?
- How do you want to be remembered?

The answers to these questions will help you remember why you do what you do every day - for your students, your family, your friends, and even for yourself. Once you rediscover that, you passion and productivity will increase because your "whats" and "hows" will have new meaning.



To learn more about starting with your why first, check out Simon Sinek's TED Talk!



Region 10 Learning Opportunities



November Sessions:

November 2

- · The Art of Writing Informational Text
- · Support Students with Social-Emotional Learning in the Library

November 3

- Bilingual Target Language Test Preparation Series BTLPT TEXES #190
- TRS Math Embedding Reading, Writing, Listening, Thinking, and Speaking During Remote Learning and Face to Face Instruction
- · Eric Litwin: The Power of Joyful Reading

November 4

- · Social Emotional Learning Through Social Studies
- Leadership Now: Engaging Employees in an Ever-changing Work Environment
- Fine Arts Solution Circle for Remote & Hybrid Teaching & Learning
- How Texas Lesson Study Mini-Cycles Helps Create Engaging Lessons

November 5

- · Culture of Accountability
- Mental Health Training & Awareness: Supporting Students Impacted by Stress & Anxiety
- · Restorative Practices in the Classroom
- ESL TEXES #154 Content Review
- Bilingual Target Language Test Preparation Series BTLPT TEXES #190
- Creating Virtual Science Instruction
- Effective Teaching Practices in Secondary Mathematics
- Resources Galore! Enhancing Learning by Diving into TRS
- Creating Writers Through Authentic Assignments & Essential Feedback

November 6

- · SEL with Love in PreK
- · Equations & inequalities in Secondary Math
- · Fractions in Secondary Math
- · Math Routines in Secondary Classrooms
- · Purposeful Play in Secondary Math

November 7

- ESL TEXES #154 Preparation Course
- Secondary ELAR Readers-Writers Workshop Book Study
- The Annual Rural & Cotton History Conference

November 9

 Multimedia Text Sets: Connect Students to Curriculum with books, images, music, & More!

- TEKS Resource System Math: Filling the GAPS
- Teaching Holocaust Remembrance Week with DHHRM
- The Embedded Librarian Virtual PD Session

November 10

- Building Blocks Literacy Series
- · Creating a Collaborative and Global Social Studies Classroom
- · Supporting Bilingual & ESL GT Students in the Classroom
- · SEL Soothing Our Stressed GT Students

November 11

- · Youth Mental Health First Aid
- Mental Health Training and Awareness
- Up-ing Your Questioning Game (K-12)
- · Sheltered Instruction Series

November 12

- GT Foundations Part Two Identification, Assessment, and Service Design
- Comprehending Texts Using Zoom Annotate and Breakout Rooms
- Station Rotation (K-2)
- Effective Teaching Practices in Secondary Mathematics
- Sheltered Instruction Series
- Using TRS Tools to Plan Science Instruction

November 13

- Pre-K Book Study Thirty Million Words: Building a Child's Brain
- Put DocsTeach in your Teaching Toolbox
- Twice Exceptionally (K-12)
- Education Service Center Speech Pathology Webinar Series

November 14

- · Building Academic Vocabulary
- ESL TEXES #154 Preparation Course
- Under-represented GT Populations

To register and find out more about Region 10's learning opportunities, visit Region10.org - Calendar of Events.

Full Calendar

reveal.region10.org

We can teach only if we are willing to learn.

Simon Sinek



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